

# PARENTING EDUCATION

## **BUILDING STRONG FAMILIES**

For parents of children 0 - 5 years of age  
Delivered in home or small group settings  
Topics include: basic child development, positive discipline,  
playing to learn, health care and more  
Free of charge

## **PARENTING ADOLESCENTS**

For parents of adolescents and teens  
Delivered through workshops and conferences  
Topics include: communicating with teens, understanding  
adolescents,  
time management for teens, depression, career exploration and  
more

## **PARENTING FOR INCARCERATED PARENTS**

Weekly classes are held at the Clinton County Jail  
classes for both males and females  
Parents can complete classes through B.S.F. if they are  
released prior to finishing the course

## **PARENT ED FOR FOSTER PARENTS**

Monthly workshops are offered for families with  
foster and/or adopted children  
Programs cover a variety of topics requested by parents  
Concurrent sessions for children  
Dinner is provided for the family  
No cost to families

*For further information call Martha Wilber at 989-227-6466*